

# ABSTRACT

## An investigation into the benefit of NAET® on Five Asthma Patients.

### A Pilot Study

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#### BACKGROUND

Asthma is a disorder characterized by narrowing of the airways making breathing difficult. Symptoms include current attacks of shortness of breath, cough and wheezing. Hundreds of millions of people suffer worldwide from this illness. We are aware of many of the factors that cause asthma. But conventional therapies offer treatments only for symptoms. NAET addresses the root causes and after assessing them, help eliminate them through a series of treatments so that the subject will not get adverse reactions on future encounters with the NAET treated items. NAET opens up the possibility of effective prevention and treatment of asthma through elimination of allergies to a number of allergens from the list of daily essential nutrients, unavoidable environmental factors, and household cleaning chemicals used or contacted or inhaled on a daily basis. After eliminating allergies to the items, we do assist the subjects to build their immune system through appropriate supplementation with the essential nutrients such as vitamins, minerals, and amino acids.

#### Purpose of the study

To determine the effectiveness of NAET on asthma patients.

#### Materials and Method

Five asthma patients between ages 21-75 years were selected for the study. The subjects received NAET treatments once a week for the selected nutrients, environmental factors, and chemicals, for a six-month period. They also continued to take the prescription medications.

All the subjects had completed Asthma survey form and Allergy-Symptom Rating forms prior to entering the study. Then onwards, they completed the forms once a month. They all had pulmonary function tests prior to entering the study. The tests will be repeated after six months of treatments. Lung volume was measured by testing the maximal volume of exhalation after a maximal inhalation. They were asked to maintain a peak flow meter reading two times a day.

Results: After only 3 months of NAET treatments (12 treatments): all five of them demonstrated

increased lung capacity. This means that during this relatively short period, all patients showed significant improvement in breathing. The quality of their lives also improved significantly.

As soon as the pilot study is completed, we will provide full documentation.

Location of the study:

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