

NEWS & VIEWS

WHAT TO DO IF YOU GET THE FLU (After you call your health care provider)

By

Paul Honan, M.D.



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Paul R. Honan, MD was recognized as an honored guest at the American Society of Cataract and Refractive Surgery Annual Symposium and Congress on April, 2010, in Boston.

Dr. Honan was recognized for his contributions in the area of contact lenses and for the development of the Honan Intraocular Pressure Reducer.

Preoperative digital compression was a technique used in intracapsular cataract surgery in the era of the 1940's to the 1970's to "soften" the eye to prevent extrusion or expulsion of intraocular contents at the time of lens extraction.

One technique was to apply finger pressure. However, excess finger pressure resulted in dislocation of some lenses into the vitreous. Insufficient pressure did not achieve desired results. The amount of digital pressure could not be regulated or standardized.

Dr. Honan developed the Honan Intraocular Pressure Reducer, a balloon-like device allowing pneumatic pressure with a bellows inflated with a sphygmomanometer bulb air pump and monitored by an aneroid manometer. It allowed more precise application of pressure. External compression could then be applied at a predetermined level.

Other less precise devices used were rubber balls strapped to the eye and gravity-dependent bags of lead shot or mercury laid on the eye.

Dr. Honan was born in Lebanon, Indiana and graduated from Wabash College in 1943. After graduating from Hahnemann Medical College in 1946, he did his internship at Huron Road Hospital

(now Meridia Huron Hospital) from 1946 to 1947. He completed his residency in ophthalmology at the Indiana University School of Medicine in 1957. From that time to the present he has been in solo practice.

Dr. Honan was certified by the ABO in 1959. He is a clinical professor of ophthalmology at Indiana University and on the staff of Witham Memorial Hospital, Lebanon, Indiana and Indiana University Hospitals in Indianapolis where he edited the *Resident's Contact Lens Manual* from 1968 to 1989.

Dr. Honan is also a certified NAET specialist since 1998. Since then he has been successfully treating patients with NAET allergy elimination technique in his clinic in Lebanon, Indiana. He has numerous success stories treating with NAET. Please visit his website; www.paulhonanmd.com

for encouraging, hart warming patients' testimonials and case studies from his practice.

References:

American Society of Cataract and Refractive Surgery Home Page.

Home page "Paul Honan, MD"

www.naet.com

NAET <http://narfn.net>

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