

# TABLE OF CONTENTS

Editorial .....	1371
Letters to the Editor .....	1373
NAET® Protocols & Procedures part- 21 .....	1377
Metals: Both Blessings and Curse.....	1381
Importance of Handwashing before and after NAET .....	1389
Book Review .....	1399
A Case Report - Heavy Metal Toxicity .....	1401
News & Views .....	1405
Abstracts -knee pain.....	1407
Calendar of Events .....	1409
Advertisers Index .....	1411
Author Guideline .....	1413



## Mission Statement

Nambudripad's Allergy Research Foundation (NAR Foundation) is dedicated to allergy research in complementary and alternative medicine (which include acupuncture, allopathy, chiropractic, Oriental medicine, herbal, and nutritional medicine). We believe that research and education are essential to the progress and development of future integrative medicine. Our goal is to help healthcare professionals achieve proper education in Nambudripad's Allergy Elimination Treatments and patients receive health and freedom from pain and illness through effective holistic treatments.