

EDITORIAL

Can You Imagine a Life without Metals?

D. S. Nambudripad, M.D., Ph.D., D.C., L.Ac.

What is a Heavy Metal?

Metals play an important role in our lives. Can you imagine the life of people who lived somewhere in 2000 BC-300 AD, in the era of pre-metal age also known as bronze age and early iron age? Even though we studied about all these in the history classes, we cannot even imagine living one day without metals, can we? Metals are not only important as external tools for working and getting around in this modern world but metal elements also play a vital role inside our bodies for normal body functions and maintaining the calmness and homeostasis within the body. Macro minerals: calcium, magnesium, sodium, and potassium and microminerals or trace minerals: chromium, copper, germanium, iron, manganese, molybdenum, selenium, vanadium, and zinc are essentials for our daily body functions. They are important for physical, physiological, psychological and cellular functions in the body. They also function as coenzymes, allowing endogenous enzymes to function appropriately and assisting the body to digest, absorb and assimilate vitamins and other nutrients. Metals are parts of the universe as we humans are. We all co-inhabit in the earth and benefit from each other as we are supposed to do. So we can say metals and minerals are essential for us to live normally.

But some humans develop adverse reactions to some of these metals for unknown reasons. These individuals are not able to use certain metals or utilize their benefits satisfactorily. These humans are sensitive to these metals and react adversely in the presence of such metals. These metals are toxic to those individuals. All metals are not toxic to everybody. They are toxic only to sensitive individuals. In their body these toxic metals can cause many health concerns and various illnesses in varying degrees. The same metals may cause health and happiness in others who are not sensitive or allergic to these metals.

Any substance that has a metallic chemical element that has a relatively high density, is toxic at low concentrations in any sensitive individual and their accumulation over time in the bodies of the individuals can cause serious illnesses. The human and an animal, both can have sensitivity towards any metal and their health can get affected by metal toxicity.

People have known the benefits and disbenefits of the metals in case of sensitivity for a long time. People have developed various cleansing methods to reduce the adverse effects of metals in the affected individuals. Chelation, detoxification, etc. are some of such methods. They all help the body to reduce the overload of accumulated metal toxicity from overexposure from these toxic metals. These toxic metals are generally classified as Heavy Metals. Even though any metal can become toxic to certain individuals there are some that have faster affinity for toxicity in the bodies of the sensitive individuals. They include: aluminum, antimony, barium, beryllium, bismuth, boron, cadmium, chromium, cobalt, copper, lead, manganese, mercury, nickel, selenium, silver, thallium, tin and uranium.

NAET methods can desensitize the individual towards an allergy or sensitivity to the toxic metals. After the NAET desensitization treatments, body will learn to release the overload of heavy metal toxicity from the individual's body naturally and with the future exposures body will not interact adversely with the desensitized metals and body will not accumulate toxins.

Lead and mercury toxicity is very common in children in U.S.A. Mercury toxicity is very much high in children who suffer from autism, learning disability, attention deficit disorders (ADD) and attention deficit and hyperactive disorders (ADHD).

Prior to NAET desensitization and energy balancing procedures the blood levels of mercury and other heavy metals are highly elevated in these children causing them to have abnormal brain and body functions. After a series of NAET treatments, It is encouraging to see the reduction of heavy metal toxicity in the follow up laboratory investigations. With the result, the children's behaviors also become normal. Please explore the many benefits of NAET to reduce heavy metal poisoning in the published articles in this volume of the JNECM.

Request for Reprint:
NAR Foundation
6714-32 Beach Blvd.
Buena Park, CA 90621
e-mail:dnambudripad@hotmail.com