

# DETECTION OF A HIDDEN WEAKNESS TO ALLERGENS IN SOME NAET PATIENTS

By

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## Abstract

**Background:** In the standard NAET protocol there are two occasions when weak organ points are checked: a) prior to holding the allergen – to make sure no organ point is weak in the clear, and b) when holding the allergen following treatment of spinal set I/II. Following over 5 years of observation it was hypothesized by the author of this study that after treating a NAET patient with the standard protocol and all muscle testing checks tested strong, that some patients had a hidden weakness that could be exposed by having them touch their teeth together while conducting muscle tests.

**Objective:** The purpose of this study, conducted at the 14<sup>th</sup> Annual NAET Symposium held in Buena Park on 30 August 2008, was to investigate if this same phenomenon could be observed to a significant degree in others.

**Methods:** 200 Symposium attendees were part of this study. All were issued the same vial: GSF (Global Success Formula). As per standard NAET protocol, prior to holding the allergen the following was done: a) Permission Check, b) Polarity Test and any needed correction and c) Test for and balance all organ test points. The patient was then instructed to touch their teeth together and was tested for sustained muscle strength. Results were then noted. Following the treatment of the allergen using standard NAET protocol, and while still holding allergen vial, the patient was again instructed to touch their teeth together and they were tested for sustained muscle strength. Again results were noted.

### Results:

**Step 1** – test for weakness when touching teeth together following successful Polarity Test and the balance of all organ test points but before actual holding of allergen:

**Weakness Found and Resolved in 66 cases (35%)**

**No Weakness Found in 120 cases (65%)**

**Step 2** – test for weakness when touching teeth together after successful treatment of the allergen by stimulation of spinal set I/II points, all three hand modes strong and all earlier weak organ points strong.

Weakness Found and Treated in 56 cases (30%)

No Weakness Found in 130 cases (70%)

**Conclusion:** The study demonstrated that adding this simple step of teeth-touching to the NAET protocol prior to treatment of the allergen and following the treatment of the allergen can expose and resolve a hitherto undetected weakness in a statistically significant number of NAET patients.

## INTRODUCTION

**M**uscle Response Testing (MRT) was introduced in 1964 as part of the subject of Applied Kinesiology (A.K.), formulated by the late George Goodheart DC. This type of muscle testing was a quantum leap beyond the isolation of and mechanical strength testing of individual muscles as laid out in their book, *Muscle Testing* by Kendall and Kendall. Dr. Goodheart's intent for AK muscle testing to go beyond simple strength testing of a muscle is clear in the definition of AK: *A system that evaluates structural, chemical, and mental aspects of health using manual muscle testing alongside conventional diagnostic methods* – Wikipedia 2008. This orientation for muscle testing has been carried into our own subject of N.A.E.T. by Dr. Devi Nambudipad, N.A.E.T.'s developer, as evidenced by her protocol that includes the assessment of physical, functional, and emotional levels of health using MRT methods. (*Say Goodbye to Illness* 2002)

The reliability and reproducibility of Muscle Response Testing (MRT) results have been shown to be key to the successful application of many healing modalities including N.A.E.T. over the years. A thorough training in MRT methodology by the N.A.E.T. student practitioner markedly increases the assurance of excellent results for the N.A.E.T. patient, however some patient's nervous system can be "disorganized" to the point that results can be compromised. This Neurological Disorganization or "Switching" defined as "essentially the body's response to a stimulus overload" –physical, psychological or nutritional/chemical" (*Repetto, DC, Dr. Vittoria – Applied Kinesiologist*). N.A.E.T. has been very effective in addressing the subject of neurological disorganization having steps built into it's protocol that are designed to locate and resolve the imbalance.

In Applied Kinesiology the touching of the upper and lower teeth together has been a method to expose

detect "switching". (*Wally Schmidt DC – lecturer and AK practitioner*). A variant of this is seen in some practices of the Chinese healing art of Qi Gong. Here the practitioner, in a similar fashion, places his/her tongue on the upper palate when doing Qi Gong exercises. (*Body Mind Method by Hou hee (Frank) Chan*).

Over the last 5 years the author has observed that, after treating a N.A.E.T. patient with the standard protocol and all subsequent muscle response tests were strong, that sometimes a MRT weakness could be observed when the patient touched their upper and lower teeth together; that a "hidden" weakness to an allergen could be found using this procedure. This study seeks to independently verify these findings.

## HYPOTHESIS

It is hypothesized that: A) the action of the N.A.E.T. patient touching their upper and lower teeth together during certain stages in the N.A.E.T. protocol exposes in some patients a hidden weakness to the allergen for which they are being treated and B) that this weakness can be resolved by repeating those same N.A.E.T. protocol steps while the patient holds their upper and lower teeth together.

Note: An underlying hypothesis, based on Traditional Chinese Medicine, for the changes in MRT response brought about by the patient touching his/her upper and lower teeth together is offered here. It should be pointed out however, that this study does not seek to prove this hypothesis, but simply to offer up a possible explanation for the bioenergetic changes that are observed when doing this procedure.

The closing of the teeth together serves to connect the Conception Vessel meridian (which ends in the concavity between the lower lip and the tip of the chin) to the Governing Vessel meridian (which ends inside the mouth between the roots of the first upper incisors). In Traditional Chinese Medicine the Governing Vessel and Conception Vessel are considered the reservoirs of bioenergy or Qi and that they regulate the supply of Qi to the other meridians of the body which are considered

to be the rivers of Qi flowing throughout the body. In some way the closure of upper and lower teeth together has the potential to expose an energetic imbalance that the allergen has created that has not hitherto been detected. Consequently, if such a weakness is found while doing this check then standard NAET can be used to resolve the issue. (Yang, Jwing-Ming – *Governing Vessel. Acupuncture.com*)

### STUDY DESIGN

The study was limited to attendees at the 14<sup>th</sup> annual NAET Symposium at Buena Park and was conducted on Sunday 31<sup>st</sup> August 2008.

Study participants were issued a vial labeled GSF (GSF = Global Success Formula, a vial prepared by staff at N.A.E.T. head office) and it was only this vial that was used by all participants.

Below is the Research Data Form used in this study and issued to each participant:

#### 14<sup>th</sup> Annual NAET Symposium

#### RESEARCH DATA FORM- *Scanning for Hidden Weaknesses*

Name of Practitioner: \_\_\_\_\_

Name of Patient: \_\_\_\_\_

Name of vial treated: \_\_\_\_\_

Date treated: \_\_\_\_\_

1. As per standard NAET protocol, prior to holding the allergen do the following:

- a) Permission Check.
- b) Polarity Test and any needed correction.
- c) Test for and balance all organ test points

2. Then instruct the patient to touch teeth together and test for sustained muscle strength.

a) If weakness is experienced, simultaneously rub the patient's chin midway between lower lip and tip of chin and the patient's upper lip directly below the nose. (Similar to the action taken to balance an organ point.)

b) When the muscle tests strong with patient touching teeth together, proceed with standard NAET protocol.

#### PLEASE NOTE HERE BY MAKING A CHECK MARK WHAT WAS FOUND ON TOUCHING TEETH TOGETHER:

A. Weakness Found & Resolved \_\_\_\_\_

B. No Weakness Found \_\_\_\_\_

3. Following the treatment of the allergen by stimulation of spinal set I/II, and when all three hand modes are strong and when all earlier weak organ points test strong, do the following:

While still holding allergen vial, instruct patient to touch teeth together again and test for sustained muscle strength.

a) If weakness is experienced, re-treat spinal set I/II points while holding the allergen and keeping teeth touched together.

b) When this teeth-touching procedure tests strong, resume next step of standard NAET protocol, i.e. stimulation of gate points.

#### PLEASE NOTE HERE BY MAKING A CHECK MARK WHAT WAS FOUND ON TOUCHING TEETH TOGETHER:

A. Weakness Found & Treated \_\_\_\_\_

B. No Weakness Found \_\_\_\_\_

### SUMMARY OF STATISTICS

Number of subjects in the study 195

Number of research data forms fully filled in 186

Step 1 – test for weakness when touching teeth together following successful Polarity Test and the testing and balance of all organ test points but before actual holding of allergen:

**Weakness found and resolved in 66 cases (35%)**

**No weakness found in 120 cases (65%)**

Step 2 – Test for weakness when touching teeth together after successful treatment of the allergen by stimulation of spinal set I/II, all three hand modes strong and all earlier weak organ points strong.

**Weakness found and treated in 56 cases (30%)**

**No weakness found in 130 cases (70%)**

### CONCLUSION

The study showed that, even after the application of standard N.A.E.T. protocol, a significant number of people exhibit, A) a weakness “in the clear” (i.e. not holding vial) when touching their teeth together and later, after this initial weakness has been resolved, B)

a weakness when holding an allergen while touching their teeth together. Furthermore weakness in A) could be resolved by briefly rubbing the Governing Vessel and Conception Vessel end points on the face (similar to the method for balancing other organ points) and the weakness in B) could be resolved with re-treatment of spinal set I/II points while touching teeth together and holding the allergen.

### REFERENCES

Chan, H: Body Mind Method in Chi-Lel Qi Gong 1999

Goodheart, G: Applied Kinesiology Research Manual 1964

Nambudripad, DS: Say Goodbye to Illness 2002

Repetto, V: Applied Kinesiology practice internet site 2008

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Yang, JM: Governing Vessel, Acupuncture.com 2008

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