LETTERS TO THE EDITOR

NAET®: Great for Allergies

Migraine Headaches

Before finding Suzie and Ira Greene and NAET, I had been suffering from migraine headaches most of my life. My migraines continued to become more frequent and severe after several head injuries and automobiles accidents, until I was suffering from them two to three times per week.

Over the past few years, several other health problems added to my discomfort. I underwent months of diagnostic tests including MRIs X-rays, ultrasounds, blood tests and sleep studies. My diagnoses included Restless Leg Syndrome, Chronic Fatigue and Fibromyalgia. My doctor prescribed at least a dozen medications, most that I was unable to tolerate.

More days than not, I didn't have the energy to do more than get out of bed, make it to the living room with my husband's help, and sit in my favorite chair. I couldn't take a shower or get dressed on my own. A month before my first NAET treatment, I began having severe stomach problems that were suspected (but not proven) to be gall bladder disease. I literally felt like I was being poisoned. I knew I had to do something different.

After my first NAET treatment with Suzie, the constant ache in my neck went away, I began sleeping better, and I regained some of my energy. After each treatment, my energy level has gotten progressively better – and it has stayed that way. After the third treatment, my migraines became less frequent. Now, I have more good days than bad. I am convinced that NAET is what I needed to regain my health and I am determined to continue until Suzie says I have "graduated". Thank you Suzie and Ira for everything that you do!

Janice H.
Paradise, California

Stopping Infections without Antibiotics

I never had allergies until I moved to California. Previously I lived in another country and in two other states. I relocated to the San Jose, CA in the summer of 1996. That winter was the winter of El Nino, and with all of the rain, the walls in the rental I lived in grew black mold. There was a leak in the slider door to the patio, and so the carpet in my bedroom was often damp; I suspect mold was beneath there as well. That winter I had ongoing sinus and respiratory problems. I had just begun my first job þ as a school psychologist, so I attributed my difficulties to my immune system being attacked by the numerous viruses that run through an elementary school each winter. I finally went to the doctor and was told I had a sinus infection. From there began my long struggle with sinusitis and a revolving door of antibiotic treatment. I still had no idea I had allergies.

In the summer of 1999 I relocated to Oroville, CA, not knowing that the Sacramento Valley is considered one of the most allergic places in the country. When the late fall and thus my sinus season began, I sought help from an ENT. After a few more rounds of antibiotics he recommended surgery to straighten my septum and move polyps and scar tissue. I had the surgery in February 2000 and was reinf ected a few weeks later. The ENT told me there was nothing more he could do for me and so referred me to see an allergist. I began allergy treatment (a combination of shots, nasal sprays, and daily sinus flushes) in the summer of 2000. This treatment definitely resulted in an improvement in my allergy symptoms, although I continued to suffer from sinusitis. Some years I had as many as 10 sinus infections. I also began struggling with yeast infections, bladder infections, and strep throat, which I now attribute to the numerous courses of antibiotics I took for my sinusitis. In December of 2004 I sought help from one of the best ENTs in the country, located in the Bay Area.

With his assistance (different sinus flushes; rhinoscopies for diagnosis; culturing bacteria during an infection and matching it to an appropriate antibiotic) the number of infections per year dramatically dropped. In the spring of 2007, however, I experienced a resurgence of multiple infections. I decided to proceed with a second surgery in August of 2007. After I had two more infections in the two months after this surgery, a friend told me about NAET.

I began weekly NAET treatment with Susie Greene on 10/29/07, and since then my life has been changed irrevocably. I feel healthier, stronger, and much more optimistic. I now view disease through a completely different framework. Rather than continuing to seek residual answers to a systemic problem, I feel that NAET is allowing me to tackle my disease from its base in the digestive system. I have had 4 sinus infections since beginning treatment a year ago, but I have successfully remedied each using NAET and herbal supplements. Stopping these infections without antibiotics is a powerful change for me and has resulted, I believe, in a much stronger immune system. Because my disease was so entrenched, I think I have needed and may continue to need many more NAET treatments than the average person with allergies. I am confident, though, that my health and thus life quality will continue to improve, and for this I am so appreciative.

Susie Greene is a caring, sincere, and dedicated professional. She is an intelligent, intuitive, trustworthy, and charismatic individual. I am grateful to her for all she has done for me, and I recommend Susie and NAET without reservation. Please feel free to contact me for further information.

Sincerely,

Beth Madison

NAET for My Daughter

After experiencing dramatic improvements in my own health, I decided to begin NAET treatments with my four year old daughter. As both my husband and I have significant allergy difficulties, I was disappointed but not surprised when my daughter began to demonstrate seasonal } allergies. As early as 5 weeks old she was hospitalized for pneumonia after two negative RSV tests. Due to the time of year she was born, I truly believe her infection began as a result of allergies.

The reason I sought NAET treatment for my daughter, however, was not due to seasonal allergies, but rather to emotional and behavioral difficulties. My daughter at times demonstrated over-emotionality, hyperactivity, impulsivity, and inattention that were beyond the range of average for her age. These difficulties were minimally responsive to behavior interventions. I would have attributed my daughter's difficulties to ADHD, but they were not consistent. Instead, I suspected food allergies might be at play, but I was unsuccessful in determining which foods were problematic. I also wondered about hypoglycemia.

My daughter has had 10 treatments to date, and I have begun to see immense, positive cha pnges in her emotionality and behavior. Her temperament in general is much more even-keeled. She is more calm and well-focused. I rarely see impulsivity that would not be considered age-typical. Although it may be simply due to brain development, I also see an improvement in her ability to understand if-then paradigms and thus to reason more effectively. In addition, this October her seasonal allergies symptoms were much milder than usual and were far milder than those of her younger sister.

Entrusting my child to NAET under the care of Susie and Ira Greene was not a hard decision. They are kind, warm, patient, ethical people who convey a sincere desire to help. I am grateful to them for all they have done for my family and highly recommend them as NAET practitioners. Please feel free to contact me for further information.

Sincerely,

Beth Madison

Hayden's Journey to Health Through NAET!

Dear Dr. Nambudripad,

I know you are well aware of the amazing work of Dr. Marilyn Chernoff. We have been working with Dr. Marilyn since June 2006. We brought our son to her after numerous medical professionals had no clue what to do with him. He had terrible skin rashes all over his body, he was scratching himself bloody, he had developed numerous life threatening food and environmental allergies, he had lost a great deal of weight, lymph nodes were very swollen, he had blue lips and poor skin color.

Dr. Marilyn has been our guiding light in healing our son. He has experienced suffering no child should endure. Dr. Marilyn's diligence, support and relentless pursuit of good health has given our son back his life.

Prior to finding Dr. Marilyn, we had taken Hayden to pediatricians, allergy specialists at National Jewish Research Hospital and Denver's Children's Hospital, dermatologists and a Chinese medicine doctor. One of the top allergists at National Jewish referred to Hayden as "one of the most allergic children in the world." These doctors had no solutions or information to get to the root of Hayden's health crisis. They prescribed

steroids, antibiotics, antihistamines, anti-inflammatories and immuno-suppressants and then sent us home with an extremely sick child.

For the past 2 1/2 years we have not ventured out of our house "bubble" much at all due to the severity of Hayden's condition. Inhalants from foods and environment were too much for his system. He could not enter a grocery store, hardware store, printer. He could not attend birthday parties, playdates, go in the pool. We would only go to the park when no other children were there. We ceased all travel and always remained within 15 miles of a hospital. The only visitors allowed in our home were given explicit safety instructions to follow.

NAET and alternative healing methods were completely new to us when we began our journey with Dr. Marilyn. We began seeing Dr. Marilyn when Hayden was 21 months old. He had just completed all of the required vaccinations. I believe at this time he was demonstrating early autistic characteristics. He was very withdrawn, he never smiled, he was constantly screaming, crying and scratching. I believe that our work with Dr. Marilyn and NAET is successfully steering his body and mind back to his pre-vaccination health.

She immediately began treating him for the Basic 10 and the viruses that were attacking his body. In September 2005 he was practically unconcious when we tried to awaken him. He would not stay awake, would not walk and his legs gave out. He was severely ill and in major crisis. Dr. Marilyn identified this problem and treated him immediately. He recovered following the NAET treatments as Dr. Marilyn said he would.

He began walking with a crooked leg like a pirate. Dr. Marilyn investigated and treated him. His walking resumed to normal.

Hayden had an anaphlylactic reaction. Dr. Marilyn quickly investigated and identified the offending substance.

His forehead was misshapen. Dr. Marilyn identified the cause of the forehead bulge and treated it. Today his head is a normal shape.

HIs skin was literally peeling off his forehead and he constantly scratched this area bloody. Dr. Marilyn identified and treated him for this substance. Today his forehead is clear and skin is smooth.

Time and again, Hayden had reactions that affected his skin, respiratory and immune systems. Dr. Marilyn always worked very quickly to get to the root cause of the reaction and treat it.

Dr. Marilyn helped teach us how to detoxify our home and environment for Hayden's safety. Through her extensive knowledge, we have learned about toxins in our home, outside environment, food and chemicals. We now lead a much cleaner, safer and healthier lifestyle because of the important information she shared with us.

Dr. Marilyn has gone far beyond what one might normally expect of a healthcare provider. The first day I called her to schedule an appointment, she immediately asked us to come on over just before she was to leave for the airport. She has answered our calls for help in the middle of the night, when out to dinner with her family, on the plane, on Christmas. Her immediate attention and treatments have gone far beyond any other medical professional we have encountered. For this we are so grateful. She has rescued Hayden when his body was ready to give out.

Today we look at our beautiful son. Gorgeous, soft, clear skin is returning to his body. He is gaining weight and eating numerous new foods. His mind is brilliant. He is laughing, singing, playing. He is full of energy, light and joy.

We know Dr. Marilyn Chernoff has saved our son. We are eternally grateful to this woman.

Sincerely,

Angie Nordstrum and
Chad Niederhauser, Albuquerque, NM

NAET For Burns!

I just wanted to let you know about an amazing treatment for my husband. He was outside working on the snowblower last week and his hand slipped and landed on the motor, burning it quite badly. He came in and showed it to me so I applied ice immediately, and then I remembered Dr. Devi telling us at one of the sessions that when someone gets burned, to treat them immediately for heat. I treated him for heat, while he was holding the ice bag over the burn. During the spinal treatment, and for the 15 minute waiting period, his hand was VERY sore and burning alot. After the 15 minute waiting period there was NO MORE PAIN! He could touch his hand, slap it, etc. and there wasn't any more pain. This was a miracle.

Thanks Dr. Devi..... now if we could only use this in hospitals with burn victims to help relieve them of their pain and help speed the healing process.

Cheryl Cameron, RNP, NAET Practitioner
North Tetagouche, NB E2A 4Y7
CANADA

I can eat Chocolate Again!

Just wanted to tell you thank you so much for the treatments. I am not even done with the basics and already I am feeling so much better. I went to see you for many food allergy reactions, not knowing what to expect. To my surprise, I can now enjoy chocolate again... MMmmmm, and so many other things... but chocolate! What a gift! I also had severe reactions to alcohol... and I am pleased to tell you that I was able to enjoy a few holday drinks without any of the discomfort I would usually get. I will be forever grateful to have met you and let you cure me.

Sincerely,

Sophie Boucher
Cheryl Cameron, RNP, NAET Practitioner
North Tetagouche, NB E2A 4Y7

Lactose Intolerence

My patient Terry had been diagnosed as having "Lactose Intolerence" for many years.A touch of milk hidden in any food product gave him severe discomfort and intestinal pain instantly and lasted for days. So he took extreme precaution by reading all the labels of anything he bought at the store and very carefully avoided milk or milk product like poison. After clearing him for milk, I had to treat him for lactose separately. After clearing milk and lactose satisfactorily, I encouraged him to try a little milk and see if he was gaining on the problem. He had that scary look on his face! He left my office and by dinner time he had mustered the courage to try. Moderation was not on the agenda. He ate 1/2 a pizza with no reaction so he ate a bowl of ice cream with no reaction. So he ate another bowl of ice cream. Next morning he woke up fine. He had no usual instant intestinal pain, he had no discomfort during the night. In fact he had a better night. Terry was convinced that NAET works. On his way home he stopped at the store and bought a quart of milk and drank it on the way home. Since then he has referred in three patients and I have learned from his wife that NAET is his favorite topic of discussion.

Thank you for making that possible

Karl Amot, DC.
Redlands, CA

Hip Dysplasia

My 3-month-old daughter was recently diagnosed by her pediatrician with hip dysplasia; her left hip was not correctly in the bone socket. She had all of the obvious symptoms of hip dysplasia: asymmetrical body, one leg was longer than the other; there was "clicking" in the joint; she moved her legs differently, "incorrectly" and did not use her left leg as much as her right. As if the physical symptoms needed any further evidence, hip dysplasia runs in my family. My brother and I both had to wear a harness, or body brace, for months when we were infants. My pediatrician sent us to a pediatric orthopedic surgeon who confirmed that she indeed had hip dysplasia. The surgeon ordered an ultrasound to follow within a few weeks. I immediately went to Dr. Marilyn Chernoff to see what she could do for my daughter, as she has been such a blessing to my family. Dr. Chernoff treated my daughter for a genetic miasm. In the following weeks, her body alignment and movement visibly changed. When we went to the hospital for the ultrasound and follow up, the surgeon could not remember why she has asked to see my daughter back. She said that my daughter's hips were perfect, "her hips are solidly in the socket and they look perfect". The surgeon said that she did not even need to follow up with us as my daughter was "perfect". Thank you again, Dr. Chernoff.

Sincerely,

Marjo and Siena
Dr. Marilyn Chernoff, ND., Ph.D.
Albuquerque, NM

Fungus and Crohn's Disease

I have Crohn's disease which increases the incidence of colon cancer many many times. I knew I had fungus in my body. After seeing a medical researcher demonstrate how cancer in a petrie dish would not grow in the presence of fungus, I had no interest in an NAET treatment to rid my body of fungus. A personal decision to possibly prevent colon cancer.

But the fungus was bothering me more and more. I talked to Mala about the situation. She said I could do the fungus treatment and follow with the NAET cancer treatment. She mentioned that in school they had looked at the intestine of a Crohn's patient, and it had been black with fungus.

So we did the treatment for fungus. During the week following this treatment I had no usual feeling of improvement

and indeed was feeling much worse. I couldn't handle stress, I came down with a virus which I couldn't successfully self treat with NAET, which was an unusual occurrence, and my right leg had developed a new pain and soreness inside my upper thigh which I knew I had not physically caused by any kind of calamity.

The next week for treatment I told Mala what was going on and I asked her to muscle test for cancer in my body. The muscle test revealed cancer in the large and small intestine and my right leg. She did the cancer treatment.

I have never in my life experienced such immediate relief from any previous NAET treatment. It was amazing! After the 20 minutes of holding the vial, the dizziness associated with the virus was no longer bothering me.

After 25 hours the virus was gone and so was the pain in my upper thigh below the pelvic region. I was feeling wonderful. My first clue to how much better my immune system responded to this treatment was my next trip to the grocery store. Recently, there were only one or two brands of bottled water I could drink. In testing many different bottled waters that day, just the opposite occurred. This time I couldn't find any bottled water adverse to my immune system, a complete reversal of the norm! I couldn't believe it. I could buy any brand of bottled water I wanted. I had quite a change in my immune system since contaminated drinking water had been my biggest concern and in the recent past, drinking it had the most deleterious consequences for my body.

I went home and began testing the things around me that I knew always gave back an allergic response. Nothing did.

I couldn't find anything I was allergic to anymore. Several weeks went by and one day I exercised harder and longer than I had since my illness in 1997. The next day I felt poorly and urinating caused discomfort from the build up before going. I began testing all my vials. I tested the things around me. I wasn't allergic to any of them.

I was becoming upset that my sense of well being was gone and I couldn't discover what was causing it. Then I had a sudden inspiration and tested my own urine. I was allergic to it. I self treated the urine and started feeling fine again. I repeated the heavy exercise and it happened again. My body was detoxing on its own. I couldn't believe it!

Thank you Dr. Devi, and Dr. Mala. So much for helping me revive this innate ability of my body to detoxify impurities again.

I am going to be concentrating now on my intestine so it can assist the rest of my body's detoxifying process. I believe that once my intestine is detoxifying too, I can do the NAET treatment for heavy metals including mercury, and if needed, do the Melafree detox program as well.

Sincerely,

Cathy Carlson,
Fullerton, CA

I Handled My Weight Problem and Yeast problem Through NAET

I began gaining weight in my late teens. I continued to gain about 10 pounds every year ever since. I tried everything I could think of to get my weight down, including 10 different diet plans through the years. I barely ate to live, yet my pounds didn't go down. The more careful I got the more I just continued to pack pounds. It was awful. It was disgusting, depressing, I even tried yeastfree diets, thyroid, antidepressants and laxatives.... No one had any answer to my obesity.

Then I developed a severe nasal allergy. Burning and itching inside and outside my nostrils. I also developed vaginal candidiasis. Again none of the treatments I tried was working on me. It seemed that I was resistant to all types of treatments. I met a lady in a healthfood store. She suggested NAET. I had no hope with NAET either. As a last resort, I decided to start NAET treatments. What is there to lose?

To my surprise my practitioner found the cause of my problem on the very first visit. I was allergic to everything I ate. By the time I finished the basic NAET treatments, I was seeing results. My nasal allergy stopped and my weight began dropping, slowly but surely. I was happy because finally something was working on me. I continued NAET regularly, three times a week for the last three years. After about 150 NAET treatments in my practitioner's office and many many self-treatments at home, I can say that I am fairly healthy now and weigh 50 pounds less than three years ago.

Every morning I weigh myself and if I see a weight gain even if it is one pound, I muscle test (O-ring test) myself and find the food or drink I ate previous day that caused a weight gain and I self-treat every 15 minutes for 6 times before I eat anything. Thank God this is working well and keeping my weight normal and yeast infection problem completely under control for the first time in years.

Thanks again to NAET

Jane Jones, LA, CA

I have been using NAET in my practice for the past 13 years. At first, I was somewhat skeptical: after all, how could such a simple treatment have such dramatic results when other, more traditional and accepted treatments have been unsuccessful. However, it is impossible to deny the efficacy of something that has allowed a 34 year old, severely asthmatic man to play with cats for the first time in his life without a trace of previous problem. Or allow a

5-year-old boy who was allergic to everything before allow to eat like a normal child now rather than to break out in hives when most foods touched his lips. Even more dramatically, NAET helped a 6-year-old 'autistic' girl who was unable to speak, play or join others - her own age, in normal children's activities. I am convinced and so are my patients. Over 80% of my practice is NAET now.

I have known Dr. Devi for twenty years, since our mutual days in chiropractic and acupuncture schools. She has made a lasting impression on the lives of thousands of people, and I am proud to be associated with her. I enjoy doing NAET and solving many puzzles of my difficult patients with their so called incurable health problems. I will continue to help as many people as I can with this simple, direct and effective system that she developed. Dr. Devi is changing lives and making some lives worth living; what can be more rewarding and worthwhile than that?

SUSAN MEISINGER D.C., L.AC.

WOODLAND HILLS, CA

NAET Saved My Pregnancy!

My name is Jackie Mann and I have been an NAET patient of Dr. Sue Anderson in Ann Arbor, Michigan for 2-3 years. I have completed all of basic NAET treatments as well as some additional treatments for specific concerns. Not until two weeks ago did I fully appreciate the INCREDIBLE abilities of NAET.

At that time, I was 5 weeks pregnant. I had just started spotting and contacted my OB's office to find out if I was producing antibodies against my baby. I couldn't talk to the doctor. The nurse tried to reassure me that some spotting was normal for some women and my questions were good ones for the OB. Only one problem, my questions couldn't be answered until my next appointment and I wasn't going to make it in 4 weeks if I was miscarrying, because I had miscarried at 5 weeks before and I was afraid it is happening again. I couldn't believe that my baby wasn't in trouble. I called Dr. Sue Anderson and made an appointment. The day before the appointment the bleeding got heavier and in the morning of my appointment I was actually using pads. Dr. Anderson tested me and found that my body was reacting to the fetus. She immediately treated me for the fetus at all three levels and for a combination with kidneys. After 25 hours clearance the bleeding was dramatically reduced. In 48 hours, my bleeding was arrested completely. It may be hard for a western-trained doctor to understand how I did stop my heavy bleeding just in 25 hours without any drugs. I know in my heart that without NAET treatment, I would have miscarried on Easter day. I have since desensitized for placenta and taken a booster treatment for progesterone. I know this pregnancy will be healthier than my first one which ended in preeclampsia and a damaged placenta.

I would like to thank Dr. N. for her wonderful discovery. Thank you for sharing your discovery with so many. It is truly one of the greatest discoveries in medicine today!

Jackie Mann, Ann Arbor, MI .
NAET Pr: Sue Anderson, D.C.

Dear Dr. Kahn,

Thank you so much for learning the practice and art of Dr. Nambudripad's Allergy Elimination Technique (NAET).

As compared to other case studies in Dr. Nambudripad's book, I am a very healthy person. I mainly suffer from seasonal allergies and allergy to cats. During the allergy season, both spring and autumn, I lived on allergy pills. I have been suffering since I was a child. I also took injections for 10 years. I am very happy to say that this allergy season I was PILL-FREE!!! I expect to be pill-free this spring as well.

Prior to NAET, I could not go near a cat without my eyes itching and swelling shut. My ears would itch, my throat would be scratchy, and I would sneeze uncontrollably. If I knew I would be around a cat, I would need to be on Benedryl before going anywhere near it. Last year when I at my friend's house, (she lives in Florida) I forgot she had cats and did not take any medication. After visiting only 20 minutes I had to leave because my right eye had swollen shut. After being treated with NAET, I happened to go back down to Florida and visited with my friend again. This time, I was able to spend the entire night with her without any allergic reactions and she has 3 cats!!!.

I really don't comprehend exactly why and how this technique works. I only know it does. Thank you again for adding a new dimension to my life-living PILL-FREE.

Warmest regards,
Cindy Rabinowitz

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