

LETTERS TO THE EDITOR

NAET®: Great for Allergies

AGGRESSIVE BEHAVIOR IN A 3 YEAR OLD

Our first experience with Dr. Chernoff was in June 2000. I have to say that I was very skeptical as to whether or not the treatments would make a difference in my son's behavior. My son exhibited a very aggressive and angry behavior both at home and occasionally at daycare. At home, he would throw temper tantrums, scream and yell, and become very argumentative and distractive. Needless to say, I was anxious to see a change in his behavior so I began treatments for him in June 2000.

The first treatment required three of us to restrain my son because he became so angry and aggressive. I became very emotional because I had never seen him react in this manner. After several treatments, I noticed changes in his behavior. He was more willing to listen and was not so hyperactive.

In October 2000, my son was treated for Vitamin B and sugar allergies. After these treatments, I noticed a significant change in his behavior. To my amazement, he exhibited a very calm and loving behavior shortly after these treatments. He is cooperative, agreeable, extremely affectionate, calm and relaxed.

I am truly amazed at the behavioral changes these treatments have brought about and would highly recommend NAET to any parent. Dr. Chernoff has helped my son tremendously over the past several months.

Sincerely,
Dayna
Practitioner: Dr. Marilyn Chernoff

Anyone who is desperate to find "REAL CAUSES" for his/her allergies or illnesses after experiencing many disappointing trials and tribulations for a long time, should read this book with open mind and heart ready to learn about NAET which will definitely guide you to the road of HEALING.

Dr. Nambudripad has utilized all her skills as Chiropractor, Acupuncturist, Oriental and Allopathic M.D., to author and practice NAET since 1980's and has helped numerous patients back to health without burdening the patients to financial ruin. Her compassion and empathy for the sick and uncompromising character contribute so much to her practice of NAET. As a Medical Doctor trained in allopathic medicine and in practice for over 16 years, I have learned by reading the book and practicing that NAET is the most important tool in Healing the whole person. All the healthcare professionals who are disappointed and tired of practicing "symptomatic treatments" and dealing with the side-effects with more "symptomatic treatments," should definitely read this book. If you are not blinded by the bias and prejudice of your own profession and the healthcare Industries, the book will open your eyes and heart to learn that NAET is an incredibly powerful tool to detect the causes of ADHD and other allergy-related illnesses and therefore treat the disease naturally and effectively. Practicing NAET will bring back the "Passion" that we had once as we joined the healthcare profession to "help the suffering," and your patients will love you for being a true "Healer."

Lisa Camerino, M.D.
Pain and Allergy Clinic
drcamerino@yahoo.com

A 9-year-old came for treatment with her mother. The mother stated that the girl had learning disabilities, that she was having a really hard time in school, and that she also had lots of food allergies. Currently the girl was eating a gluten-free, egg-free, dairy-free diet. The mother stated that when the girl ate gluten, she would begin flapping her hands like an autistic child. She also stated that when she ate dairy products, the girl's intestinal gas and flatulence became even worse than it was normally, and that normally it was pretty bad. She also stated that the girl had problems digesting eggs.

The mother also stated that she and her husband had adopted the girl and her brother when the girl was three, and that previous to that the children were in foster care. The mother stated that each time the children had been moved to a new foster family (which had happened several times in their short lives), apparently the state had not kept track of their vaccination records, and they had been re-vaccinated for all the normal childhood vaccinations. The mother wondered if her gluten and dairy sensitivities and their reactions were related to the children's over-vaccination.

We proceeded with the basic treatments. I treated them for Fear and for Abandonment after BBF. After treating for Egg Mix, the mother reported that the girl was able to eat eggs without any problems. After the Calcium Mix treatment, they reported that the girl was able to eat eggs without any problems. After the Calcium Mix treatment, they reported continued gastric disturbance, bloating, and flatulence. MRT revealed sensitivity to Milk Mix.

After the Milk Mix treatment, the mother told me that she had noticed a profound change in her daughter. She stated that not only was she able to sit for longer periods of time at school, but that also her daughter's flatulence problem was much improved. She stated that this had made a huge improvement in her daughter's sense of self-worth because since she didn't have bad gas anymore, other children were more interested in being around her.

Jeannie Elmstrom
11340 W. Olympic Blvd., Suite 301
Los Angeles, CA 90064

I Think It is Working, MOM!

"I thought you would enjoy reading this as I had asked you questions regarding our Doctor and his procedures. I had to write and tell you this stuff is really working! I'm so excited! Today (my son) did sugar, #5 on the list, as you may remember. The changes seem profound. He said, "I think it's working mom. I'm happy all the time and I don't feel hypersensitive, I don't even care when my football coach yells at me and I can

remember all the plays!" What else? He runs backwards, he thinks I'm nicer to him (I think I'm the same but his perception has changed) and he has the patience to fix the cup holder in the car that is always popping out. That used to frustrate him. Oh yeah, and we go for ice cream all the time! I think I'm happier too. I caught myself exclaiming something like, "I'm having so much fun," and I wasn't doing anything except walking across the dining room. I should post this to the boards but I don't know if I'm signed up. I wish I could cure everybody's kid with this. Thank you again for helping."

Paula,
A Happy & Grateful Mom

I'm a chiropractor with three children with ADHD. After taking the first Basic NAET seminar, I treated my children (who had various degrees of ADHD) for their basic ten allergies. Afterwards, all three children had no ADD or ADHD symptoms. My family life has completely changed. No more violent outbursts, uncontrollable weeping episodes and erratic and crazy behavior. No more making several dishes for each meal to avoid individual allergies. My children are focused, calm, healthy and happy. So am I! Thank you Dr. Nambudripad for discovering NAET and sharing it with me!

Claire Sutherland, D.C.
Thousand Oaks, CA

Dear Dr. Nambudripad,

Even before our youngest son was diagnosed as being in the autism spectrum, I had questioned if allergies could be the root of some of his seemingly minor health problems. I couldn't seem to find anyone who agreed with me until one day, while discussing this with my sons ABA provider, I was told about Dr Lisa Camerino. We contacted her and she had us read your book. It was all new to us but the concepts made sense to me. Both my son and I have been allergic to just about everything we were tested for each time! As we have done the treatments, my seasonal allergies that had been getting worse each year have diminished and my sinus headaches have decreased from a couple of times a week to once a month. My daily strength has increased and my heart palpitations have ceased as well. Our son, who is three, has shown drastic improvement and now has good eye contact, desires to be in social situations and is beginning to speak and interact with others. He is even showing a desire to be potty trained! Our oldest son, who is ten, did not have a very good attention span in a classroom setting until he was treated for grains and sugar. After working through these two very dif-

difficult allergens, I was amazed to observe his intense attention and participation in the classroom. He noticed the difference immediately, noting that he no longer craved toast all day long. My husband and two daughters have also seen good results since beginning their treatment. Dr. Lisa has been more than generous with helping our family. We consider her more than just a good doctor but also a special friend. Thank you very much for sharing your discoveries despite the opposition of some who don't understand!

Bethany Ballard
Portland, OR

An 8-year-old boy came for treatment. His mother reported that he was very active and that his school was requesting that he be put on medication for hyperactivity due to his acting out in school. Both the boy's mother and older brother were also coming for treatments.

During the first treatment, the boy was cooperative but was completely out of control while he waited for his brother and mother to complete their treatments. He was belligerent and demonstrated a complete lack of self-control. He refused to listen to his mother, and until she threatened him with a loss of privileges, he refused to comply with any of her requests.

The week after I treated him for Egg Mix, his mother reported that his therapist had told her an interesting story about him. The therapist asked her, "How long do you think your son sat still during his session today?" The mother replied, "I don't know.... Eight minutes?" The therapist replied, "He sat still for the full hour. I did not have to ask him to sit still one single time." The mother stated that because the Egg Mix treatment had gone so well, she was committed to continuing treatment for herself and both her children.

Jeannie Elmstrom
11340 W. Olympic Blvd., Suite 301
Los Angeles, CA 90064

ADULT ADHD

I am 28 years old, and since the time I was 10 years old, I suffered from severe joint pains, headaches, irritability, insomnia, anger and hostility towards everyone that I came in contact with. My doctors did not know the cause of my problems. Every joint from my toe to my jaw gave me pain almost 24 hours a day. Since the pain and calming medication I was given didn't work and or made me sick, the doctors said I would just have to live with the pain.

At the age of 18, with a height of 5'6" and weighing 110

lbs., I started to have problems with my stomach. No matter what I ate, I would have a terrible burning and or nauseous feeling. Soon after that, I started having problems with my bowels. The doctors could find nothing. So the only answer was that it was stress from school-work or that it was all in my head. A few months later I developed a problem with my lungs. My lungs felt like they were on fire. Every shallow breath I took was accompanied by sharp pains that forced me to lie very still and often be bedridden for weeks at a time. At 19, I was struggling to maintain 95 lbs.

At 23, I started to display typical food allergies. First milk then eggs, corn and wheat. After eating these foods my stomach and bowels would be upset for hours or the whole day. This was easily taken care of by avoiding those foods or so I thought. But it wasn't easy to avoid the foods. I steadily began losing more pounds.

By the time I was 24, I could no longer hold down a job. I had begun to get migraines on a daily basis. By the age of 27, I was down to 85 lbs. That's when I was referred to Dr. Devi. After being treated through NAET for chicken and eggs on my first visit, I was able to eat as many eggs as often as I wanted without any pain. Something I hadn't been able to do in 8 years. Treatment after treatment I began to be able to have foods I could only dream about eating in the past. Learning to test myself with Dr. Devi's ring test before I eat something has saved me from needless pain and suffering. (I am now maintaining 115 lbs.)

7 months and 40 treatments later I am 85 % better with more good days than bad. I am on my way to being 100 % well for the rest of my life!

Dr. Devi's NAET has given me a second chance to be a happy, healthy and productive human being. I have a steady job and I can eat all the food I want. Now my only problem is that I have to watch my weight!

Thank you Dr. Devi !!!
Samantha Stevenson
Fullerton, CA

Allergies and Behavioral Problems

"My son (age 12) has tremendous behavior problems, all of which (I believe) are associated with allergies. His symptoms since age 4 have been shiny eyes and oppositional, defiant behavior. His behavior was only present when his eyes were shiny, and I could track the shiny eyes to food allergies every time! Now since his TX to hydrogenated oil, & then to Game

Boy, I know beyond any doubt that this is true. He had strong behavioral reactions for 24 hours after these were treated. He has been diagnosed with ADD, OCD, & suicidal depression. His life has been most difficult..... Today he was treated for an emotional blockage to any order/direction given by any authority figure. He felt angry, wanted to use inappropriate language, and felt like he didn't belong.) Last week Jeremy was treated for his allergy to me, his mother. It was the worst one yet affecting his brain on all three levels. Next was humidity, also affecting his brain. He has had 4 allergens now which affected his brain. I understand that is a bit unusual. His behavior is improving, though now more allergies are surfacing, and continue to cause him behavior problems. Next TX will be for animal dander - we live on a farm. I suspect he is also sensitive to his father. There have been two emotional blockages also, I suspect there may be more. The list seems endless! I just can't wait for the behaviors to subside. He sees a Psychiatrist, who doesn't "buy into" the NAET® theory. She isn't negative, but discounts NAET® because there is no "scientific proof". When I talk about his allergy to me, she gets a tiny smile which tells me she doesn't believe it. I can't wait to show her I'm right. She saw him the day before he was treated for me, and he was obviously looking for reasons to be angry at me. She is changing his meds because of it. And pushing for us to get counseling. I agree that would be helpful, I'm just not sure it's necessary. I see a big difference in his attitude toward me. The resistance is gone. And he actually obeys me willingly sometimes!! I have found a Chiropractor in Ann Arbor who may come with me to train for NAET®. But I still hope to get an MD from my town. Keep sending that good energy my way!! Thanks for all your help."

Faye Esch
Ann Arbor, MI

NAET TO THE RESCUE!

My daughter, Carleen, and I have been enjoying the benefits of NAET since 1995. The treatments have helped us with everything from ADD to sinus infections, but during the summer of 2007 we had a very frightening experience. Carleen had gone to a summer camp in Arizona in June as a counselor in training. It was difficult for her, but she often phoned home in tears, frustrated, unhappy, and depressed. It seemed these bouts, or "melt downs" as I came to call them, were exaggerated for the situation she was in. The melt downs continued on a regular basis, as often as once a week, increasing in both frequency and intensity to the point that I was afraid for her life. During the melt downs, she often belittled herself and said things like "I wish I had never been born," or "I keep messing up, I can't do anything right." I feared she would hurt herself

during these times. I cringed every time I saw her number on the caller ID, dreading the possibility that she could be having another crisis. The rest of the time she was pleasant, upbeat, and good natured.

I called Dr. Chernoff in a panic and she identified the root cause as Valley Fever, a fungal infection that is normally picked up in the desert southwest. This Valley Fever was triggering Seasonal Affective Disorder (SAD). She treated Carleen for these two issues and she seemed to improve, but she still had another melt down a couple of days later, not as intense, but still she was not right. Dr. Chernoff then treated her for abandonment and cranial nerves. She has not had a meltdown for several weeks now and is back to her old self, adjusting to college life, and having a good time. I am convinced this would have ended in disaster without Dr. Chernoff's help. I can't say enough about how NAET has helped us.

Sincerely,
Rita Pecos,
New Mexico, USA

Dear Dr. Denton,

I having been meaning to write you a quick note concerning my son Benjamin. As you know Ben is nine years old and is in the 3rd Grade.

Since Kindergarten the teachers have told us that Ben had attention problems. We even noticed at home his difficulties in concentrating, anger management, and basic problem solving issues. We did our best to help him, but to no avail. This past year at school, his problems came to a head. He was in 3rd grade, but still reading at a 1st grade level.

The School Principal called a meeting with us concerning Ben's School Issues. At the meeting the Principal, School Psychiatrist, and other teachers tried to convince us to place Ben on Ritalin. We were very upset, and refused. I explained to them that I would pull Ben out and Home School him before we placed him on this medication.

Because of my battles with overcoming CFS (of which I am 90% cured), we decided to bring Ben into your clinic. Dr. Mary Minor saw Ben and we started him on a supplement regime. Although this seemed to help a little, it was not enough. We started Ben on the Basic Ten Naet Treatments as well as some focusing on Food additives, Brain Function, etc. We still have additional NARTs to do, but these first ones seemed to spark a light in Ben's mind. We also read a lot of information on Hypoglycemia, which is an inherited problem in my family, and we felt Ben may have been dealing with this hidden issue as well. By Christmas 2000 we began to see a change in Ben. After Ben went back to school in January

he started to be excited about learning. Ben was reading by himself before he went to bed at night (which he never did). He started writing stories about fishing and hunting (which he never did). His anger issues have 90% improved. His attention issues have improved 80%. And his ability to problem solve is 90% better. We are still on the road to recovery for Ben, but it is the right road. The drug free road. The road that allows me as a parent to sleep at night, and to stop worrying about my son. Ben is now graded at the upper end of 2nd Grade Reading (in just 3 months). He is doing multiplication, division, and fractions. He solves problems quickly, and his outlook on life is much brighter. We are continuing to keep Ben on the Hypoglycemia Diet, Supplements, and NAETs. I know from my own experience that one thing often does not work by itself. A combination of therapies often need to be used to help an individual regain his/her God Given Life and Health.

I do not know what to say, but thank you. I believe that God gives us challenges in our lives for a reason. Maybe he allowed me to go through my battles with CFS in order to be more open to helping Benjamin. It is possible that I may

have agreed to put Ben on Ritalin if I had not gone through the issues of my own health. Please pass on my thanks to your staff.

Sincerely,
David W. Merrill

Request Reprints:

NAR Foundation
6714-32 Beach Blvd
Buena Park, CA 90621
Email: narfoundation@yahoo.com