

## BOOK REVIEW

### **Freedom From Eczema**

Solution for Acne, Eczema and Candidiasis and find out how...

by

**Devi S. Nambudripad, MD, DC, L.Ac., Ph.D.**

**Book Review**

by

Pamela Miller

#### **INTRODUCTION**

**A**s many as 15 million people in the United States have some form of eczema and so far there is no effective treatment for eczema using all existing medical approaches. Some of the procedures or supportive care may help reduce the symptoms temporarily but no permanent relief has been experienced by the sufferers until now. But hundreds of people who experienced NAET treatments are living normally without having to worry about the return of their eczema. Freedom from Eczema is an Amazing Informational and Therapeutic Book that has been written to help you find complete freedom from eczema, acne, candidiasis and other skin ailments. If you want exact, specific helpful answers about your type of eczema, this book is for you.

This book is an example of how Alternative and complementary Medicine excels in solving the mysteries of many incurable health problems we see among us. Ever since life began people have been trying to find a solution for their troubling skin problems, especially eczema. It is about time that someone found a solution. Yes, finally here it is! Dr. Nambudripad, with her discovery of health disorders and allergy-connection, has found the right solution to eliminate eczema too. This book contains everything you thought you might possibly want to know about your's or your loved one's acne, eczema or candidiasis and/or other skin problems. This book also provides you with a sensible solution to overcome the nagging skin problem you or your loved ones have been suffering. This book also teaches you

many easy ways to detect the causes of your skin problems in the privacy of your own home without spending thousands of dollars on laboratory tests and other diagnostic procedures. It is written in an easy to read, understandable style. It is also very user friendly.

The book is contained in seven chapters, each being outlined in the Table of Contents with subheadings so you can quickly find the exact part that might be of value and interest to you.

Chapter 1 of this book is the overview of eczema along with a testimony from a former patient who has found freedom from her eczema years ago. It touches a bit of history of dermatology and how it progressed to today's status and gives

a glimpse into present statistics on eczema. This part also gives a short introduction to the types of eczema.

Chapter 2 describes the categories of allergens, those are capable of producing eczema and other skin disorders in sensitive people. The author provides a few testimonials appropriate to the topics to help the reader understand the connection between the allergens and skin problems. This section also gives an introduction of traditional medical approach and alternative medical approach as well as NAET approach which is a blend of traditional and alternative medicine (also known as complementary medicine). Do you want traditional or alternative medicine, or NAET, the complementary medicine? You can make your choice now. The chapter ends with more explanation and some self-management tips on eczema, acne and candidiasis.

Chapter 3 describes different diagnostic modalities from traditional and complementary medical approaches.

Chapter 4 gives an insight to pathological functions of acupuncture meridians when there is any interference of the energy flow in the meridian(s).

Chapter 5 educates the reader about the NAET testing procedures to test your own allergies in the privacy of your own.

Chapter 6 shares the information about various self testing and self-balancing NAET procedures that can help you handle any unexpected emergencies and reduce the discomfort of eczema or other such skin problems temporarily. This section also provides information to overcome most health emergencies or help you stay awake and alert until emergency help arrives. More very useful, easy-to-do self-help tips are given in this section.

Chapter 7 gives an opportunity for other NAET specialists and past and present eczema patients to share their experience with NAET and how this unique technique helped them to solve their problems. Interesting testimonials!

A detailed glossary helps the reader understand various aspects of eczema and skin disorders mentioned in this book.

The resources and the index sections make it possible to find additional information very quickly.

The book is filled with information... somewhat overwhelming, perhaps? You can choose the topic of interests and ignore the section that doesn't apply to you or your loved ones. It may interest someone else. Knowledge is power and knowing about your health problem in detail might help you to make a sensible decision about your medical care. This book is the most comprehensive compilation of practical information and helpful tips that is available on eczema.

The treatment approach will vary from person to person. One kind of treatment may not work on everyone. This book gives you information on various types of medical care. This is a book that has answers to solve your eczema. No matter what type or category it belong to, there is a way to detect the source of your problem and solve it. Every member in the family and every family will treasure this book and should refer to this book often. People in every family some time or other has suffered from different type of skin problems if they do not suffer from them currently. You could not find a more appropriate, practical, informative or helpful gift for the special occasions in the lives of your relatives, friends or associates. This book may be the one probably they were waiting for, to alter the course of some disease or save someone's life. If you want to help yourself or your loved ones or friends, in unexpected health emergencies, make the initial choice to place this book in your library and then provide additional copies to those you really care about.

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