

# ABSTRACT

## Research Findings: Abstract from Recent Research

### Investigating the Effectiveness of NAET When Administered Through a Surrogate A RANDOMIZED, BLINDED CLINICAL TRIAL

By

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#### **Abstract**

**Background:** It has been claimed that NAET® testing and treatment can be administered through a third person (a surrogate) effectively without causing a change in the surrogate's health status if the surrogate and the subject maintained skin to skin contact during the procedure.

**Purpose:** The purpose of this study was to determine the effectiveness of NST-NAET® testing and NAET® treatment administered to the subject through a surrogate. If NAET® treatments through a surrogate were proven to be effective, it would be a very convenient method to treat allergic infants, children, invalids and patients in coma.

**Objective:** We sought to investigate the claim that NST-NAET® testing and NAET® treatments can be administered to a subject through a surrogate (a third person) very effectively without causing a change in the surrogate's health status.

**Nature of the Study:** Randomized, blinded study.

#### **Materials and methods**

**Allergen tested:** Bell pepper.

**Number of subjects:** 12

**The Surrogate:** The Surrogate (a volunteer clinician) was tested for bell pepper before starting the study. The surrogate produced a weak NST when tested for bell pepper. All 16 NAET test points were then screened for possible weakness while the surrogate was holding the bell pepper. All organs tested weak were recorded.

**The Subjects:** Twelve subjects were randomly selected from the clinic patients who came for their regular Wednesday NAET® appointments to be treated for different ailments. They were randomly assigned to two different groups: group-1, and group-2, with six subjects in each group. The

subjects had no previous knowledge about this study. They also had no awareness of being sensitive to bell pepper.

All twelve subjects were tested for bell pepper through the surrogate while maintaining skin to skin contact between the surrogate and the subject. All twelve subjects tested weak to the bell pepper. All sixteen organs were tested via NST and all weak organs were recorded. Then the six subjects from group-1 were treated with NAET® through the same surrogate by having them hold the surrogate on his bare arm, making sure that there was a skin to skin contact maintained between the surrogate and the subject. The subjects from group-2 were treated without the help of the surrogate. All twelve subjects were advised to avoid the bell pepper for 25 hours following the NAET treatment and asked to return after seven days for re-evaluation.

**Results:** All subjects were reevaluated seven days after the initial treatment. The six subjects from group-1 who were treated through the surrogate produced strong NST for bell pepper, and all previously tested weak organs. The subjects from group-2 who were treated without a surrogate also produced strong NST for the bell pepper and all previously tested weak organs.

The surrogate was tested again for bell pepper and all previously tested weak organs seven days after the initial treatment. He produced a weak NST for both tests. These results indicate that although the six subjects were treated through the surrogate, the surrogate did not receive any benefit from those

treatments. The health status of the surrogate before the study was equal to his health status after the study, while the subjects who were treated through the surrogate greatly benefitted by clearing the allergy to bell pepper.

**Conclusion:** This study concludes that NAET® treatments can be administered through a surrogate very effectively without causing a change in the health status of the surrogate.

Location of the study:

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