

BOOK REVIEW

Say Good-bye To Allergy-Related Autism

by

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Book Review by

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The book *Say Good-bye to Allergy-Related Autism*, by Devi Nambudripad M.D., couldn't have come out at a better time. Now more than ever the people of the world are concerned about the future of their children. Autism is spreading like a wildfire moving through cities, states, and countries at the fastest speed possible, attacking the brains of thousands of young ones worldwide.

Autism is on the rise. According to one of the recent statistical reports, one out of 166 children are being diagnosed as autistic in this country. Medical researchers everywhere are still searching for causes leading to autism, but so far, no one has been able to find a definite cause. Also, no one has determined precise diagnostic procedures to pin point autism or a specific treatments using traditional methods or pharmacopeia to cure autism. The one conclusion the researchers have made is that this strange disorder is rapidly engulfing the young brains of our tiny tots.

Say Good-bye to Allergy-Related Autism opens up a new world of hope to parents who are desperately searching for a breakthrough treatment for their children who are suffering from allergy-related autism. Most parents of autistic children claim that their child was born normally

and continued to grow and develop normally until the age of two or three. Then, to their dismay, these parents found abnormalities creeping into their child's brain which eventually led to a diagnosis of autism.

What could have happened around the age of two or three that turned these children autistic? According to Dr. Nambudripad most cases of autism she had seen are allergy-based or initiated by a huge allergic reaction. These children are likely born with inherited allergic tendencies. After birth, allergies begin to affect these children gradually as they become exposed to different allergens from their foods and surroundings. A child's brain is still growing and developing before the age of three. The toxins from the allergens affect the brains of these children because their growing brains are the weakest tissues of their bodies (and the most susceptible). Various activities occur during the growing period of the brain. For instance, blood and lymph circulate to carry an adequate amount of nutrients to the brain, and nerve energy circulates supervising the growth stages of the brain. However, when certain toxins (from various allergic reactions and overexposures of chemicals) find their way into the body they can also easily find their way to the brain, which is a highly active area of the body during this period of growth. Because of this, we say that allergies affect the weakest tissue

of the body. The weakest tissue of the body is also the most active area of the body because the body is supporting this area with increased circulation to help it grow and become strong. Usually a child gets exposed to a number of allergens at one time (immunization drugs, virus attacks, allergic foods, environmental allergens, etc.). This creates a cumulative reaction and creates a massive confusion in the child's brain and nervous system, throwing the body into a panic stage.

In her book, Dr. Nambudripad describes the NAET® method of diagnosing and treating allergy-related autism and other associated disorders. Anyone who suffers from autism or other allergy related diseases or conditions should read and utilize the methods described in this book. NAET® treatment can eliminate autism that was triggered by vaccines, drugs, foods, environmental factors, chemical toxins (including carpet cleaning chemicals, pesticides, and toxins from heavy metal), and toxins from bacterial, viral, and parasitic infestations. This book can be a guide to those who are desperate to understand the abnormalities they see in their children, and it can assist them in finding the help that they need. This book reveals the secrets of a remarkable breakthrough in medical history. This new treatment, NAET® (Nambudripad's Allergy Elimination Techniques), approaches health care from a new intelligent viewpoint, a viewpoint that can finally help.

Say Good-bye to Allergy-Related Autism is filled with so much common sense, that it simply cannot be ignored by parents who want to reclaim their child from the clutches of autism. In an allergic person the brain and central nervous system react to foods (egg white, milk casein, milk albumin, wheat products, gluten, candida, refined starches, fatty acids, minerals, amino acids, chocolate, turkey and serotonin), heavy metals, chemicals, immunizations and other substances as if they were poisons, when, in most cases these substances are neutral, or even beneficial to the body. With the help of this book we can now reprogram our brains or our children's brains for perfect health. This is done by eliminating and/or neutralizing the adverse effects and side effects of allergens, and subsequently improving and restoring brain function.

This book also gives the reader a good overview of NAET®, how it works and how it can be used to treat many different conditions. Excellent case studies and testimonials are included throughout the book which can help the reader gain a greater understanding of autism, the NAET® process and the help NAET® has to offer.

NAET® has a relationship with Oriental Medicine, and these origins are explained in this book. The meridians and the nutrients that strengthen the meridians are described as

well. Special home-help instructions with diagrams are given along with detailed acupuncture massage points that can also be done at home. Points for resuscitation are given that are not only helpful in unexpected emergencies but also to calm a child when he/she is experiencing restlessness, irritability or a temper tantrum.

While the whole world is still struggling to find a way to diagnose autism, this author has come up with a very simple method that can be learned and mastered by anyone and practiced anywhere. Allergy-related autism has the possibility of hundreds of different triggers. Identifying these triggers is essential to treatment and many of these triggers are identified and explained in this book. Categories of allergens are thoroughly discussed and include inhalants, ingestant, contactants, injectants, infectants, physical agents, genetic factors, mold and fungi, and emotional stressors. This book describes these classes of allergens then explains how to test and find out what their child's own personal triggers may be.

Chapter six in this book describes Neuromuscular Sensitivity Testing (NST) with clear illustrations and photographs for thorough understanding by the reader. NST is one of the diagnostic procedures that helps the NAET® practitioner to pinpoint the trigger rapidly and effectively. Descriptions of self-testing as well as surrogate testing are included.

Chapter 9 is devoted to the order of the NAET® treatments. It also is filled with suggestions of what to eat and what to avoid while going through the treatments in order to draw maximum benefits. It educates the reader about hidden food additives and chemicals in everyday foods that may be harming the children without our knowledge. The detailed glossary section in this book is an excellent resource for parents as well as for practitioners.

It is highly recommended that anyone who has an autistic member in their family or who knows someone with this disorder read this book. Its contents offer hope and an effective solution for the sufferer. Reading this book is also a must for all NAET® practitioners and specialists.

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