

EDITORIAL

Autism Today

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WHAT IS AUTISM?

Autism is a syndrome of early childhood. According to NAET findings, autism is a nutritional deficiency disorder causing biological, neurological and developmental problems in children. The nutritional deficiency is not caused by failing to consume enough nutrients by mouth but due to their allergies they cannot digest, absorb or assimilate the nutrients appropriately.

The nutritional deficiency will begin to affect the child by the age of three. Usually that is the time most children with regular well-baby checkup visits and appropriate medical care are diagnosed as autistic. Even though the problems resulted from nutritional deficiencies, the developmental problem causes the child to see, feel, smell, hear and behave differently from other people. The particular autistic symptoms are characterized by abnormal social relationships, language disorders with impaired understanding, pronomial reversal (saying you for I or me for you, etc.), rituals such as wiping the face repeatedly, rubbing the nose, pulling the hair, chewing long hair constantly, etc., compulsive phenomena and uneven intellectual development, with mental retardation in most cases, if the right treatment is not provided in a timely manner.

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Autism is the fastest-growing developmental disability in the United States. A child is diagnosed with autism every 21 minutes and it now affects one in every 166 children in the cities (Centers for Disease Control and Prevention, 2004). Numbers may be slightly lower in other areas. According to

one of the recent statistics, it is affecting more than 1.5 million Americans and costing the country over \$90 billion annually. It is a national crisis.

The overall incidence of autism is consistent around the globe, and is four times more prevalent in boys than girls. Autism knows no racial, ethnic, or social boundaries, and family income, lifestyle, and educational levels do not affect the chance of occurrence of autism.

No body really knows the causes of autism.

Usually autistic children are born normal unless they are born with some genetic defects. But one can find one common pattern among most autistic individuals: that they all suffer from lots of allergies with different intensities. Most children with autism seem to have inherited allergic tendencies from their parents and grandparents (ancestors). These children can have allergic reactions to various things around them. Allergies affect individuals differently by affecting the weakest tissue or system of the body. For some reason, the brain is the weakest tissue/organ in an autistic individual. Each and every exposure of any type of allergen affects their brain and nervous system making them not to see, hear or feel properly. Poor vision, hearing, and abnormal sensory functions make them nervous and cause abnormal behaviors like self-stimulating behaviors, ignoring others' presence near them (they cannot see or hear well so they are not aware of another person standing near them). They are living in allergy fog.

NAET theorizes that most human ailments including autism are the result of some allergies. The weakness of the brain of the autistic children may have been produced by various causes and one of them being the allergy. These children can react to food, clothes, toys, chemicals, environmental factors, toxins from bacteria, virus, parasites, drugs, childhood immunizations, heavy metals, radiation, pesticides, etc. the list can go on and on. Due to the

imbalances in the brain, the body begins to react adversely to everything the body encounters, including the items that is supposed to be beneficial to the body. The children can even become allergic to the essential nutrients preventing proper digestion, and assimilation of the nutrients from the daily food. Then they become deficient in nutrients and their bodies do not get appropriate nutrients that is needed for normal growth and development.

NAET testing procedures are very sensitive to detect allergies even in their mildest forms. Once detected, NAET can desensitize to the treated allergen permanently and help the body to recognize the good and bad items from one's surroundings. Once when the body learns to identify things appropriately, the body will stop reacting adversely. When they are treated with NAET, the allergy fog becomes thinner and thinner with each treatment. Finally when they eliminate most allergies they begin to behave normally. When the allergies are gone the allergy sufferer can resume normal life. That's how NAET can help autistic child(ren) to overcome his/her allergies as well as the autistic traits and help live a normal life.

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