

ABSTRACTS

Research Findings: Abstracts from Recent Research

A Case Control Study on Autism Spectrum Disorders

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STUDY

A Randomized, Case Control Study - an investigation into the benefit of NAET® treatments on allergy-related autism spectrum disorders.

OBJECTIVE

To assess the effects of NAET® on children with allergy-related autism spectrum disorders.

MATERIALS AND METHOD

60 children, ranging from 3 years to nine years, both sexes with established diagnosis of autism spectrum disorders were selected for the study from the 66, who responded for the advertisements in various newspapers, newsmedia and websites to take part in the study. Out of sixty children, thirty were randomly assigned as treatment group to receive 50 NAET® treatments within one year period. The other 30 children were assigned as controls. Once the study is over, the control group also will be given 50 NAET® treatments within the next one year. The treatment group began treatments in October, 2004. The study ended in October, 2005.

NATURE OF DATA COLLECTION

All the children were asked to bring in previous reports of their established diagnosis of autism from their pediatricians, the school psychologists and teachers.

TYPES OF EVALUATION

(Prior to the study, during the study and at the end of the study)

1. AETC (E2) form to be completed by the guardians for the children, prior to the study, half-way through the study and at the end of the study and to be evaluated by Autism Research institute, San Diego.
2. Allergy Symptom Rating Scale prior to the study, half-way through the study and at the end of the study.
3. Childhood Autism Rating Scale: prior to the study, half-way through the study and at the end of the study.
4. NAET® Autism Rating Scale prior to the study, half-way through the study and at the end of the study.

5. Evaluation by an independent psychiatrist
They were evaluated by an independent psychiatrist: prior to the study, half-way through the study and at the end of the study to be evaluated.

6. Five minutes-video taping of each child:
prior to the study, half-way through the study and at the end of the study to be evaluated.

7. Computer Evaluation to detect food sensitivities: prior to the study, half-way through the study and at the end of the study to be evaluated.

8. NAET®-NST evaluation for food, chemical and environmental sensitivities: prior to the study, half-way through the study and at the end of the study to be evaluated.

RESULTS

23 out of 26 experimental subjects (88%) established normal eye contact, appropriate verbal and nonverbal communication, and achieved significant reduction of autistic behaviors after completion of 50 NAET® treatments within the span of one year while the subjects from the “Control” group did not have any change.

Location of the study:

NAET Research Center
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