

LETTERS TO THE EDITOR

NAET®: Great for All Allergies

CHRONIC COUGH AND WEIGHT GAIN DUE TO ALLERGIES

Dear Editor,

I wanted to write a testimonial for NAET. My body had gotten very systemically ill. I had a chronic cough that appeared untreatable, everything I ate caused copious amounts of mucus and a 40 minute hacking, coughing and blowing episode after every meal. I couldn't lose weight no matter how hard I tried. I got fever blisters repeatedly and bronchial infections over and over. My regular M.D. was baffled. I suspected allergies and had a blood allergy test run called ALCAT (mentioned in the book, "Say Good-bye to Illness" by Devi S. Nambudripad) and I started doing research on different allergy treatments and I stumbled onto www.naet.com. I liked what I read and I immediately bought the book. After reading the book I looked for a practitioner in my state. The closest one was 1 ½ hours away but I made an appointment and it was the best thing I ever did. Karen Marshall is an extremely intuitive practitioner and NAET works very well for me. I am really in tune to my body and what it needs and I knew what I was allergic to but I didn't want to admit it. The Alcat test confirmed most of what I already knew and then the muscle testing Karen did at our first visit further confirmed the same findings. I told her I had had allergy testing done but we didn't compare the results until the end and they were almost identical with a few new ones added.

Karen is great to work with. My body really takes to the treatments so she is able to group and I often do 2 in the same day to save me the drive time. I have 1 treatment left and I feel amazing. She said she had never seen someone

with as many allergies as I had. I was allergic to every sugar, every grain, candidas, every mold, most trees, most dairy and over 30 chemicals. I was even allergic to lemons and a few other foods. She went through the basics in order and then we have been dealing with the environmental. After I am finished we will check for any we missed the first time but I can tell you I no longer cough at all, I only blow my nose once after I eat and then I am done (don't know if this will ever stop), my body just feels well again. The best news is that weight is just falling off and I still get to eat food I like though I do need to make better choices. Presently I am doing a Yeast cleanse to get it out of my body now that I am cleared and that is not a fun diet but I look forward to getting to eat some of my favorite foods again. I have promised to give up diet coke/any soft drink for that matter and processed flour and sugars but I can have other real sweeteners and I have found I have almost totally lost my sweet tooth. Also spelt bread is a good thing.

An example of how it works: When I found out what I was allergic to, I stopped eating everything that was on my list while I waited the 2 weeks till I could get in for my first treatment. I did an Oxypowder colon cleanse and went through some of the negative symptoms that occur when you cleanse and by doing that I have avoided most of the effects of the treatments. However during these 2 weeks I really had a hankering for onion rings so when we went out to dinner I ordered some. It was the worst reaction I had ever had. Karen said it was because I had cleared my body but I

was still allergic to the item. I almost had an asthma attack. The mucus dump was very intense. I had an immediate 5 lb gain that lasted for a week and I felt horrible.

After she cleared the grains and most of my other food (I was sure the ingredients of onion rings had been cleared) I decided to try it again and I had absolutely no reaction at all. I haven't had a mucus dump in over a month and though I do feel the need to blow my nose after eating, but it is only once.

She has taught me how to test myself with a test where you hold the item in front of you and close your eyes. If your body wants to weave forward that is an OK item and if it wants to weave backwards stay away. I have gotten so proficient at this test I can do it in about 2 seconds. Nothing comes in my house that is a no-no.

I know it sounds too good to be true, but believe me it is true. I guess there are some people who are not testable but go in with an open mind and find a practitioner who will work with you and make you well again. Above all, follow the rules of the treatment, don't cheat. Anybody can do anything for 25 hours.

Tonight I had another interesting experience – we went to a reception at our local theater and it was a “cheap” reception of Cheeze Its, cheap cookies, chips and ice-cream pop punch. Though I technically am cleared of all my food groups, I couldn't eat anything but a handful of the Cheeze Its. It all tasted horrible. I took 1 cookie and took a small bite and immediately handed it to my husband, the same with the chips which used to be my favorites, the punch was awful but I have never liked sugar soda pop. The Cheeze Its tasted OK. but I didn't want very many at all. I really just wanted some raw vegetables or some good salsa and organic blue corn chips. My tastes have totally changed and that is amazing – sugar just tasted horrible and I never thought I would say that ever. My body no longer likes garbage food, sometimes my head wants it but my tastes say ewww!!! Thank you so much for your discovery and training of people everywhere.

Sheila Butler
Bloomington, IN

I WAS A PRISONER OF ALLERGIES!

Dear Editor,

I am 44 years old and for a little over 3 years have been suffering from seafood, fish, dairy, spice, perfume, and cigarette smoke allergies.

As soon as I came in contact with one of these products, I swelled up and would have to either go to the

hospital or take 3 Benadryl to prevent any more swelling. Also, whenever I ate chocolate or drank coffee, I got lumps in my left breast. I had to have a mammogram every year to make sure it was not cancerous. Ever since I had my second daughter, Céline, and got my tubes tied, I suffered from hot flashes, migraines, and my menstrual cycles were never 28 days; they were more like every 17 to 28 days. My family doctor had told me that I was going through premenopause.

After seeing the extraordinary results of Cheryl's treatments for my daughter Jessica's allergies, I made up my mind, and right after receiving the first treatment which balances your brain and your body, I never again had hot flashes, migraines, and my menstrual cycle is now every 35 days. After the 5th treatment, I could eat ice cream as well as any other dairy product. During the 9th treatment, with Cheryl present, I ate a small lobster claw with no allergic reaction and I now eat fish or seafood twice a week with no problem.

Cheryl also treated me for chocolate, coffee and caffeine and I no longer have any lumps in my breast. I can eat chocolate and drink coffee with no problems.

I recommend NAET to all persons suffering from allergies. You will be very surprised at the very positive results you will have.

Thank you Cheryl.
Chantal Arseneau
Robertville, Ontario, Canada

MY LACTOSE INTOLERANCE IS GONE!

Dear Editor,

In 1984 I discovered that I was lactose intolerant, and had been for years. I had stomach aches and a general inability to digest food before that. Since then I've had a general fear of restaurants because over the years I have frequently been sick from hidden lactose-related ingredients that waiters and waitresses never seemed to know about. Following NAET treatment in which Debra Lowe discovered I had five lactose-related allergies, this summer I eagerly consumed a huge amount of ice cream and cheese and have also enjoyed the freedom of being able to eat in restaurants without any fear of getting sick. I now enjoy eating at restaurants, and eating at friends' and families' houses is now a pleasure without the fear of foods containing milk products.

Marvin Miller
28-2939 Fairlea Crescent, Ottawa,
ON K1V 9A5 Canada

NAET HAS CHANGED MY LIFE!

Dear Editor,

My name is Karan Gupta and I am an education consultant and writer in Mumbai, India. I was introduced to NAET in Feb 2005 by a friend and since then I have done over 17 treatments with Meher Davis and Firoza. I am writing this email to let you know how NAET has changed my life. I have been much healthier and many of my problems have just disappeared. While I still need more treatments to completely rid me of my asthma and sinusitis, I know that NAET has improved my health by over 70%.

My mother who has suffered very serious urticaria and severe hives has been hospitalized on several occasions. After much persuasion she agreed to try the NAET treatments. After just 5 treatments, all her symptoms have just disappeared. On the whole, she is so much better.

Meher and Firoza have been wonderful to us and I consider Meher to be a god sent angel who has helped us regain our health. I run out of words to describe my appreciation for your treatment and Meher and Firoza's dedication.

Thank you very much. Kind Regards,

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NAET GAVE MY SON BACK!

My son was absolutely normal until 18 months old. He had begun speech and other normal activities for his age. He was left alone with other family members for one night since I had to go away to attend a family emergency. He cried the whole time I was gone and got a high fever from crying. He also developed an ear infection. He was given antibiotics, repeatedly a few times. When he got better from his fever, he had lost the ability to speak and interact with others normally as before. Finally he was diagnosed as having severe ADHD. I took him to many specialists all over the country. He remained nonverbal until 7 years old. Then I heard about Dr. Devi and read her book, "Say Good-bye to allergy-related Autism." My son had many allergies. Our whole family had numerous allergies. So I immediately called her office and traveled to Buena Park, CA. She began treating him right away. By the time he received 10 basic treatments, his allergic reactions

were lessened. After about 25 treatments, he began speaking. As he got treated further, his communication and behavior, and other skills improved.

When he started with Dr. Devi, he had 38 prominent symptoms on the autism and allergy list. Now after treating for about 100 treatments in two year-period, he has four mild symptoms left behind. We have resolved 34 symptoms so far. I wish I had known about NAET sooner, then my son wouldn't have to remain nonverbal until 7 years old. I am home schooling him now. Parents, if you can take your child to NAET as soon as you can soon after you discover your child has autism or ADHD, recovery will be faster. If any parent would like to discuss NAET with me, please contact me at the address below. I will be glad to talk to you and give my testimonial.

"Roxie"

Phone: (480) 767-2728

MMR TRIGGERED HIS AUTISM

A 3 1/2 year old boy was brought to us with mom saying he was "not speaking in sentences." He had never developed well in his speech. Shortly after an MMR inoculation at age 1, he lost interest in things he previously had enjoyed. He could spell some 40 or 50 words, and could say them, but could never put them in sentences.

He was evaluated at the TEEACH Center in Charlotte and diagnosed as having autism, His physical health had been good generally, with no hospitalizations or operations. He was not known to have many allergies at the time except for having itching ears during pollen season. IgG testing had previously shown to be 3+ on soybeans. Maternal grandmother and aunt had history of hay-fever. Mother described him as being very anxious much of the time.

When we first saw him, he made very little eye contact. NAET treatments were begun and after he cleared basic 12 allergens, plus soybeans and neurotransmitters, his mother reported that his speech therapist was pleased that he was able to pronounce 'B' in words which he had not done before. After further clearing with MMR, Hepatitis B, IPV, polio, and DPT vaccines, along with treatment for secretin, and neurotransmitter boost, he walked in on a Saturday morning, looked at me straight in the eye and said, 'Good morning, Dr. Prince,' in a strong, clear voice. His mother and all our staff were quite pleased at this major change.

Urine and fecal tests had shown him to have high levels of tin and beryllium, so continued treatment included clearings on tin and beryllium, also pesticides, fluoride, bacteria, artificial flavorings and other food additives. His mother told us that prior to beginning NAET, his dad would throw him a ball to try to get him interested in catching it, but he would completely ignore the ball. Not long after completion of NAET treatments, she said his dad was thrilled that he could now throw him a ball and he would catch it thirty times in a row." We are extremely thrilled about the NAET results we are seeing in our autistic population.

Robert Prince, M.D.
NAET of North Carolina,
Charlotte, NC

FLUVACCINE CAUSED HER PAIN!

Dear Editor,

I had an 11 year old girl with intense pain come to my office yesterday. She had received the flu vaccine about 5 weeks ago and immediately had a sore injection site, symptoms got worse as the days progressed. Patient was in a wheelchair for a few days because she was in too much pain to walk. She was hospitalized and underwent various extensive tests, including a 4-hour bone scan, was given pain medications, started on antibiotics, visited the Chiropractor for treatments, received acupuncture, etc. and patient was still walking hunched over and in extreme pain and required assistance to get into and out of bed, etc. Frustrated, finally, her pediatrician referred her to me to give NAET a try!

Her mother said she looked like an 80 year old when she brought her to me. After evaluating her presenting condition, I decided to do NAET Emergency treatment on her for the Flu Vaccine. QRT revealed that NAET treatment was needed to be repeated about 50 times through her mother as a surrogate every ten minutes. Her body did not agree to do any shortcut treatments. But her pain decreased with each repetition. Patient was amazed that her pain was completely gone after the required number of treatments. She could touch her toes, bend backwards, lift her knees to her chest, all of which she was unable to do for the past several weeks. We were all ecstatic... and another positive aspect of this

encounter was the fact that her pediatrician ENCOURAGED her visit to my office to give NAET a try! Wasn't that GREAT? Our colleagues are finally considering NAET as a powerful alternative.

Cheryl Cameron, L.Ac.
Bathurst,
New Brunswick, CANADA

EOSINOPHILIC ESOPHAGITIS

Dear Editor,

I just wanted to write and say thank you. My 2 year old son Max was diagnosed with failure to thrive caused by Eosinophilic Esophagitis (EE). There is a website www.apfed.org with information on EE. We were told that there is little information about this condition and no medicinal cure, just a bunch of drugs to put a band-aid on the problem, including steroids. He could have ended up on a feeding tube as an adult. I heard of NAET through an acquaintance and brought Max to see an acupuncturist Linda Fournier in Leominster, MA. After 12 NAET sessions Max was cured of his food and environmental allergies. A repeat endoscopy showed that Max is 100% cured of his EE. He had zero eosinophils in his digestive system, and has gained 3 pounds. We are so thrilled that I feel like telling the world about this. I am telling everyone I know about NAET, and hopefully it will help someone else's life as well.

So thank you again. You have changed our lives.

Julie Keenan
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