

TABLE OF CONTENTS

Editorial	745
Letters to the Editor	749
NAET® Protocols & Procedures part-11	755
It's all in your Head!	765
A Double Blind, Placebo Controlled, Milk Allergy Reduction Study	773
A Book Review - Say Goodbye to Headaches	797
A Case Report – Headaches	801
News & Views - NAET® Instructions to follow after Each NAET® Session.	803
Abstracts: Testing for Salivary pH levels in people with Chronic Headaches	809
Calendar of Events	811
Advertisers Index	813
Author Guideline	815



Mission Statement

Nambudripad's Allergy Research Foundation (NAR Foundation) is dedicated to allergy research in complementary and alternative medicine (which include acupuncture, allopathy, chiropractic, Oriental medicine, herbal, and nutritional medicine). We believe that research and education are essential to the progress and development of future integrative medicine. Our goal is to help healthcare professionals achieve proper education in Nambudripad's Allergy Elimination Treatments and patients receive health and freedom from pain and illness through effective holistic treatments.